

INDOOR PRACTICE SCHEDULE SPRING 2024

Week of February 20th		Week of March 11th		Week of April 1st		Week of April 22nd	
Track*	4:00-6:00 pm	Track*	4:00-6:00 pm	Track*	4:00-6:00 pm	Track*	4:00-6:00 pm
Girls LAX	4:00-6:00 pm	Boys LAX	4:00-6:00 pm	Boys LAX	4:00-6:00 pm	Girls LAX	4:00-6:00 pm
Boys LAX	6:00-8:00 pm	Girls LAX	6:00-8:00 pm	Girls LAX	6:00-8:00 pm	Boys LAX	6:00-8:00 pm
Week of February 26th		Week of March 18th		Week of April 8th		Week of April 29th	
Track*	4:00-6:00 pm	Track*	4:00-6:00 pm	Track*	4:00-6:00 pm	Track*	4:00-6:00 pm
Boys LAX	4:00-6:00 pm	Girls LAX	4:00-6:00 pm	Girls LAX	4:00-6:00 pm	Boys LAX	4:00-6:00 pm
Girls LAX	6:00-8:00 pm	Boys LAX	6:00-8:00 pm	Boys LAX	6:00-8:00 pm	Girls LAX	6:00-8:00 pm
Week of March 4th*		March 23-31		Week of April 15th		Week of May 6th	
Track*	4:00-6:00 pm	SPRING	BREAK	Track*	4:00-6:00 pm	Track*	4:00-6:00 pm
Girls LAX	4:00-6:00 pm	SPRING	BREAK	Boys LAX	4:00-6:00 pm	Girls LAX	4:00-6:00 pm
Boys LAX	6:00-8:00 pm	SPRING	BREAK	Girls LAX	6:00-8:00 pm	Boys LAX	6:00-8:00 pm
*BAND & CHOIR CONCERTS 3/4 & 3/6							

Track: Indoor practices will utilize the cafe and hallways.

If you need to change your gym time talk to other coaches

*Subject to change-Dependent on any (not yet announced) school events that need the gymnasium